

**OUR LADY HELP OF CHRISTIANS PARISH – 2011/2012  
PERSONAL SAFETY CURRICULUM SCHEDULE – GRADES 1-5**

**Grade 1 Presenter: Ginny Arpino**

**Topics: GRADE ONE - October 30**

- 1. Bicycle Safety**
- 2. The “Always Ask First” Rule**

**GRADE ONE – December 4**

- 1. Standing up for yourself by saying “No”**
- 2. Getting help if you are bullied**
- 3. Recognizing unsafe touches**
- 4. Learning the Safety Steps**

**GRADE ONE – January 22**

- 1. Identifying safe/unsafe touch**
- 2. Dealing with unsafe touch**
- 3. The Touching Rule**

**GRADE ONE – March 11**

- 1. Using the touching Rule**
- 2. Physical Abuse-Tell an Adult**

**GRADE ONE 1<sup>st</sup> SESSION SCHEDULE (8:45-9:45)**

**8:50-9:05 - Room 107 – Angela Siciliano**

**9:10-9:25 - Room 106 – Jim Partridge**

**9:30-9:45 - Room 105 – Sally Roach**

**GRADE ONE 2<sup>nd</sup> SESSION SCHEDULE (11:15-12:15)**

**11:20-11:35 – Room 106 – Donna Busa**

**11:40-11:55 – Room 107 – Ginette LaFleur**

**12:00-12:15 – Room 101 – Teri Struth**

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**Grade 2 Presenter – Mary Kathryn Fallon**

**Topics: GRADE TWO – October 30**

- 1. Home Safety (phone calls)**
- 2. Gun Safety**
- 3. The “Always Ask First” Rule**

**GRADE TWO – December 4**

- 1. Standing up for yourself if you are bullied**
- 2. The Touching Rule**
- 3. Learning the Safety Steps**

**GRADE TWO – January 22**

- 1. Identifying Safe & Unsafe Touches**
- 2. Unsafe Touches-Preventing Physical Abuse**
- 3. Unwanted Touch**

**GRADE TWO – March 11**

- 1. Secrets about touching-Telling a grownup**
- 2. Using the Touching Rule with Peers**
- 3. Finding Support-Talking to a Grownup**
- 4. Speaking Out against Bullying**

**GRADE TWO 1<sup>st</sup> SESSION SCHEDULE (8:45-9:45)**

**8:45-9:00 – Room 205 – Elizabeth Shepherd**

**9:00-9:15 – Room 204 – Suzanne Wakefield**

**9:15-9:30 – Room 202 – Marisa Rufo**

**9:30-9:45 – Room 206 – Christine Fahey**

**GRADE TWO 2<sup>nd</sup> SESSION SCHEDULE (11:15-12:15)**

**11:20-11:35 – Room 201 – Kelly McLean**

**11:40-11:55 – Room 202 – Theresa Sampson**

**12:00-12:15 - Room 205 - Jenifer Conley**

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**Grade 3 Presenter – Margaret Roylance**

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**Topics: GRADE THREE – October 30**

1. Walking Safety
2. Fire Safety
3. The “Always Ask First” Rule

**GRADE THREE – December 4**

1. Learning to be assertive/standing up for yourself
2. The Touching Rule and Safety Steps
3. Identifying Touches-safe/unsafe/unwanted

**GRADE THREE – January 22**

1. Using the Touching Rule
2. Physical Abuse – Telling Secrets
3. Telling Touching Secrets

**GRADE THREE – March 11**

1. Solving a Problem/Talking it Out
2. Practice the Safety Steps

**GRADE THREE 1<sup>st</sup> SESSION SCHEDULE (8:45-9:45)**

- 8:50-9:05 – Room 103 – Steve Kern  
9:10-9:25 – Room 201 – Rose Mariano  
9:25-9:40 – Room 207 – Hannah McGoldrick

**GRADE THREE 2<sup>nd</sup> SESSION SCHEDULE (11:15-12:15)**

- 11:20-11:35 – Room 206 – Rosanna Pacitti  
11:35-11:50 – Room 207 – MaryBeth DeNucci  
11:50-12:05 – Room B1 – Diana Costa

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**Grade 4 Presenter – Karin Beecher**

**Topic: GRADE FOUR – October 30**

1. Staying home alone-do’s and don’ts

**GRADE FOUR – December 4**

1. Emergencies & Emergency Phone calls; skills for staying home alone

**GRADE FOUR – January 22**

1. Classifying Appropriate & inappropriate touches & what to do if inappropriate touches occur

**GRADE FOUR – March 11**

1. “Now I Can Tell You My Secret” video in cafeteria – Parents & Students in Cafeteria \*\*\*\*\*  
Parents can Preview Ahead of time.  
(Call Rosemary)

**GRADE FOUR 1<sup>st</sup> SESSION SCHEDULE (8:45-9:45)**

- 8:45-9:00 – Room B1 – Katherine Barton  
9:00-9:15 – Room B4 – Stephanie Maloney  
9:15-9:30 – Room B2 – Bernarda Montes de Oca  
9:30-9:45 – PC1 – Caroline Doucette

**GRADE FOUR 2<sup>nd</sup> SESSION SCHEDULE (11:15-12:15)**

- 11:20-11:35 – Room B4 – Danielle Campbell  
11:40-11:55 – Room B2 – Sheri Calcagni

**\*\*\*Video will be at 8:55 and 11:55 in Cafeteria ONLY**

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**Grade 5 Presenter – Joan Hawley**

**Topic: GRADE FIVE – October 30**

**1. Safety when on their own**

**GRADE FIVE – December 4**

**1. Applying basic rules for personal  
safety-danger**

**Topic: GRADE FIVE – January 22**

**1. Keeping my Body Safe**

**GRADE FIVE – March 11**

**NO SAFETY SESSION – Grade 5 Only**

**GRADE FIVE 1<sup>st</sup> SESSION SCHEDULE (8:45-9:45)**

**8:50-9:05 – Fickett Room – Carla Uzzell**

**9:10-9:25 – Colella Room – Lloyd MacLean**

**9:25-9:40 - PC2 – Ellen Cappellino**

**GRADE FIVE 2<sup>nd</sup> SESSION SCHEDULE (11:15-12:15)**

**11:20-11:35 – Colella Room – Peg Laroche**

**11:40-11:55 – Fickett Room – Lisa Campbell**